بسم الله الرحمن الرحيم

CURRICULUM / STATUTES/ REGULATIONS

FOR 2 YEARS DIPLOMA PROGRAMME IN

Faisalabad Medical University

Faisalabad

Contents

Section A

VISION STATEMENT:

Faisalabad Medical University has been established since 05-05-2017 for purpose of imparting better medical education and encouraging and arranging extensive research and publication in the field of medical science. The vision of university is:

"Striving to achieve national and international stature in undergraduate and postgraduate medical education with strong emphasis on professionalism, leadership, community health services, research and bioethics"

MISSION STATEMENT

The mission of the University is:

"Educate Healthcare professionals to prevent, diagnose and treat human illnesses to practice evidence-based medicine with focus on lifelong healthcare in order to meet the challenges of community needs and competitive medical profession at the same time"

STATUTES

Nomenclature

DOMS Ophthalmology

Course Title:

Diploma in |Ophthalmic \medicine and surgery

Training Centers

Ophthalmology Department Affiliated with Faisalabad Medical University, Faisalabad.

Duration of Course

The duration of course shall be 2 years with structured training in recognized department as per university rules and curriculum

Course structure:

The course is structured in two parts:

Part I: The candidate shall undertake the training in the basic sciences as per curriculum. 75% content will be uniform for all the specialties, approved by the Dean basic sciences and academic council, while 25% will be Ophthalmology subject specific, provided and approved by the Ophthalmology Department and academic council. At the end of 6-month, Part I Examination will be held by the examination department of Faisalabad Medical University as per the table of specification in the basic medical Sciences subjects with same percentage of content from uniform and subject specific content as indicated above i.e. 75% and 25% respectively. All the candidates will attend classes in basic science departments as per the time table for 5 days(mon-fri) and on Saturday they will attend the class in their Ophthalmology respective specialty as per the time table provided by the university during first 6 months.

Part II: The candidate shall undertake training in the specialized Ophthalmology department as per the curriculum. At the end of 2 years, Part II Examination will be held by the examination department of Faisalabad medical University as per the table of specification in Ophthalmology.

Section B:

Admission and Eligibility Criteria:

Applications for admission to DIPLOMA will be invited through advertisement in print and electronic media and according to guidelines and rules approved by the Faisalabad Medical University

Candidates shall have MBBS or equivalent classification, valid PMDC registration, one year House job (Three year house job in relevant specialty will be preferred), secured pass percentage in entry test conducted by The Faisalabad medical university, qualify the interview successfully

Required Documents:

1. Completed application Form
2. Copy of MBBS degree with mark sheets of Professional Examinations and certificate of number of attempts in Professional Examination
3. Copy of PMDC Registration certificate.
4. Certificate of completion of required experience.
5. Reference letters from two consultants, with whom the applicant has worked
6. Three latest passport size photographs

Accreditation Related Issues Of The Institution

A. Faculty

Properly qualified teaching staff in accordance with the requirements of Pakistan Medical and Dental Council (PMDC).

B. Adequate resources

The university will provide adequate resources Including class-rooms (with audiovisual aids), demonstration rooms, computer lab, clinical pathology lab, theaters, instruments and other equipment etc. for proper Training of the residents as per their course outcomes and objectives.

C. Library

Departmental library should have latest editions of recommended books, reference books and latest journals (National and International).

Section C:

AIMS AND OBJECTIVES OF THE COURSE

AIM

The aim of two years Diploma programme in(Name of department) is to equip medical graduates with relevant professional Knowledge, skill and ethical values to enable them to apply their acquired expertise at health care institutions.

LEARNING OBJECTIVES:

GENERAL OBJECTIVES

At the end of training in DOMS, a trainee doctor should be able to:

1. Take a comprehensive and pertinent history of a patient presenting with Eye related complaints

2. Perform detailed ocular examination in a rational sequence that is both technically correct as well as methodical

3. Elicit physical signs without discomfort to the patient

4. Evaluate patient in the setting of outpatients department, hospital wards emergency.

5. Order a set of relevant investigations considering availability, diagnostic yield, cost-effectiveness, side effects, and implications for management

6. Comprehend Community Indicators related to individual's health

7. Aware of and can apply national and international guidelines for treatment and assessment

8. Counsel patients and relatives in patient's preferred language in elective and emergency situations in keeping principles of good communication skills, empathy and empowerment of patients

9. Exhibit emotional maturity and stability, integrity, ethical values and professional approach, sense of responsibility in day-to-day professional activities, while observing the anatomy of the patient.

10. Take proper informed consent for physical examination or any relevant intervention / procedure which is in the best interest of the patients and ensure confidentiality and appropriateenvironment for intimate physical examination

11. Act as an independent specialist at community/Tehsil and District Headquarter Hospital
12. Become life long self-directed learners tapping on resources including clinical material, faculty, internet and on-line learning programmes and library

SPECIFIC LEARNING OUTCOMES

A student completing 2 years' course of DOMS should have a sufficient competency level in clinical, surgical and preventive practice in eye. He / She should be able to:

1.Discuss principles of basic sciences as applied to Eye like applied Anatomy , Physiology, hemorrhage, blood transfusion, shock, sterilization of instruments, infection, antibiotics, inflammation, repair & healing and malignancy 2. Discuss etiology, pathogenesis, epidemiology and management of disorders in Eye on topics given in the list of course contents

3.Identify common eye problems in a scientific manner while keeping in mind the logical reasoning and a clear understanding of their impact on human mind and the community.

4.Formulate a working diagnosis and consider relevant differential diagnosis.

5.Decide and implement suitable treatment considering safety, cost factors, complications and side effects

6.Practice proper procedures in operating theatres & procedure rooms including gowning, gloving, use of various sutures, surgical principles, & use & working of electro medical equipment, keeping in view the social cultural values and norms of the society.

7.Assist at major surgery and perform recommended eye related procedures under supervision

8.Maintain follow-up of patients at appropriate intervals, recognizing new developments and/or complications and offering sensible management protocols

Content list:

Part I ;

A : Basic science:

Anatomy:

Gross Anatomy .of Head & Neck

- SCALP & FACE
- BONY ORBIT
- MANDIBLE & CERVICAL VERTEBRA
- TEMPORAL FOSSA, INFRA TEMPORAL FOSSA & MANDIBLE
- EYE BALL & EXTRAOCCULAR MUSCLE
- FASCIA & TRIANGLES OF NECK
- TONGUE, ORAL CAVITY & SALIVARY GLAND
- LARYNX & THYROID GLAND

- PHARYNX
- EAR
- NOSE & PARANASAL AIR SINUSES
- VESSELS OF HEAD & NECK
- LYMPHATIC DRAINAGE OF HEAD & NECK
- RADIO GRAPHY OF HEAD & NECK
- CRANIAL CAVITY

Gross Ana.of Abdomen & Pelvis

- ANTERIOR ABDOMINAL WALL
- ANTERIOR ABDOMINAL WALL & RECTUS SHEATH
- INGUINAL CANAL & HERNIA,SCROTUM & EXTERNAL GENITALIA
- PERITONEUM
- STOMACH & SMALL INTESTINE
- LIVER,PANCREAS,SPLEEN & EXTRAHEPATIC BILLIARY APPARATUS
- BLLOD SUPPLY & NERVE SUPPLY OF ABDOMEN
- LARGE INTESTINE + APPENDIX
- POSTERIOR ABDOMINAL WALL
- BONY PELVIS + JOINTS OF PELVIS
- FEMALE REPRODUCTIVE SYSTEM
- ANAL REGION
- NERVES & VESSELS OF PELVIS
- RADIO GRAPHS OF ABDOMEN & PELVIS

Neuroanatomy

- DURAL VENOUS SINUSES &MENINGIES
- BRAINSTEM 1
- BRAINSTEM 2
- BRAINSTEM 3
- ANS
- CEREBRUM 1
- CEREBRUM 2
- DIENCEPHALON 1
- DIENCEPHALON 2
- VENTRICULAR SYSTEM
- CRANIAL 1
- CRANIAL 2

GROSS ANATOMY OF SPINAL CORD

General & Special Embryology

General & Special Histology

Physiology:

CLINICAL DIPLOMA COURSE OF PHYSIOLOGY

Conceptual and considered approach to

1. Cell physiology
2. Basic and Clinical Neurophysiology
3. Blood physiology
4. Heart and overview of Circulation

5. Renal Physiology

6. Advance Endocrinology

7. Respiratory Physiology

8. Molecular and physiological aspects of Nerve and Muscle

CELL PHYSIOLOGY

1. Functions of cells, cell membranes and its organelles

2. Homeostasis

3. Necrosis

4. Apoptosis

BASIC AND CLINICAL NEUROPHYSIOLOGY

1. Nerve physiology

2. Action potential in nerve fiber, mechanism of generation action potential in a nerve fiber

3. Parts of central, peripheral nervous system and their physiology

4. Autonomic nervous system

5. Special sense vision (eye)

6. Pathophysiology of the diseases involved

BLOOD PHYSIOLOGY

1. Components of blood, functions of blood plasma and plasma proteins

2. Blood grouping and principles of transfusion

3. The body defense systems (immunology)

4. Disorders of the blood

HEART AND OVERVIEW OF CIRCULATION

1. The basic structure and function of heart, ECG recording and interpretation

2. Conductive pathway of heart

3. Physiological principles to manage a person in shock due to various reasons

4. Disorders of the CVS

RENAL PHYSIOLOGY

1. Basic structure and function of the kidney

2. Glomerular filtration, tubular function and urine formation.

3. Role pf kidney in acid base, Na,K,Ca blance

4. Endocrine and regulatory functions of the kidney

ADVANCE ENDOCRINOLOGY

1. Endocrine glands, classification their functions

2. Feedback control mechanisms

3. Disorders of endocrine glands

Biochemistry

.1. Buffers

- Ionization of water
- Henderson – Hasselbach equation
- Body buffers and regulation of Acid base balance human body
- Acids produced in the body, mechanisms of regulation of pH, role of lungs and kidney in buffering mechanism
- Disorders of acid base metabolism

2. Enzymes:

- Classification/nomenclature, Properties of enzymes and catalysts, regulation of enzyme activity
- Functions of enzymes and catalysts,
- Therapeutic use and application of enzymes in clinical diagnosis
- Enzyme kinetics, Factors affecting enzyme activity (Michaelis – Menten and Lineweaver Burk equations)
- Classification of enzyme inhibitors and their biochemical importance

3. Carbohydrates:

- Definition, biochemical function and classification of carbohydrates, Structure and functions of monosaccharides and their derivatives
- Disaccharides, Oligosaccharides, Polysaccharides and their Biochemical importance.

4. Proteins:

- Definitions, biochemical importance and classification of proteins based on physiochemical properties, Structure of proteins and their significance in pH maintenance
- Amino acids and their structure, properties, functions, Classification and nutritional significance of amino acids,
- Immunoglobulins and their biomedical significance
- Plasma proteins and their clinical significance

5. porphyrins and Hemoglobin:

- Chemistry and biosynthesis of porphyrins and related disorders
- Structures, functions and types of hemoglobin, Oxygen binding capacity of hemoglobin, factors affecting and regulating the oxygen binding capacityof hemoglobin, Haemoglobinopathies (Sickle cell disease, Thalassemia etc.) and their biochemical causes
- Degradation of haem, formation of bile pigments, its types, transport and excretion
- Hyperbilirubinemias, biochemical causes and differentiation

6. Lipids and Fatty Acids:

- Classification of lipids and their biochemical functions, Structure and biochemical function of neutral lipids phospholipids, glycolipids and sphingolipids
- Classification of fatty acids and their biochemical functions,
- Eicosanoids and their function in health and disease
- Steroids and their biochemical role, Cholesterol, its structure, chemistry and functions
- Bile acids and bile salts
- Lipid peroxidation and its clinical significance

7. Vitamins and minerals:

- Vitamins and their different types, Classification of vitamins, their chemical structure and biochemical function, Absorption of vitamins and minerals
- Daily requirements, sources of water- and fat-soluble vitamins
- Clinical effects of vitamin deficiency, Role of vitamins as co-enzymes, Hypo- and hyper-vitaminosis
- Minerals in human nutrition, sources, biochemical actions and recommended daily allowance (RDA), Sodium, potassium, chloride, calcium, phosphorus, magnesium, sulfur, iodine, fluoride, Trace elements: Iron, Zinc, Selenium, Iodine, Copper, Chromium, Cadmium, Manganese (Fe, Zn, Se, I, Cu, Cr, Cd and Mn)

8.Endocrinology:

- Introduction of hormones, mechanism of hormone action, classification of hormones
- Endocrine hormones of human body (Synthesis, Secretion, Mechanism of Action, effects on target tissues, regulation, related disorders)

a) Anterior Pituitary Hormones
b) Posterior Pituitary Hormones
c) Hormones of Adrenal Cortex, Adrenal Medulla
d) Sex Hormones of male & female reproductive system
e) Hormones of thyroid gland
f) Parathyroid Hormone
g) Endocrine portion of Pancreas

9.Nucleotides and Nucleic acids:

- Chemistry of purines and pyrimidines, their derivatives, structure and function, Derivatives of purines and pyrimidines, their role in health and disease
- Chemistry and structure of nucleoside and nucleotide and their biochemical role, Nucleic acids (DNA & RNA) their types, structure and functions

10. Bioenergetics and Biological oxidation:

- Endergonic and exergonic reactions, coupling through ATP
- Oxidation and reduction, methods of electron transfer, redox potential, enzymes and coenzymes of biologic oxidation and reduction
- Respiratory chain and oxidative phosphorylation, components of respiratory chain, electron carriers
- ATP synthesis coupled with electron flow
- ADP coupled to electron transfer
- Uncouplers and inhibitors of oxidative Phosphorylation

11.Metabolism of carbohydrates:

- Glycolysis, Phases and reactions of glycolysis
- Energetics of aerobic and anaerobic glycolysis and their importance, Regulation of glycolysis
- Cori's cycle, The fate of pyruvate
- Citric Acid Cycle, Reactions, energetics and regulation and importance of citric acid cycle
- Amphibolic nature of citric acid cycle (tricarboxylic acid cycle –TCA or the Krebs's cycle)
- Anpoleratic reactions and regulations of TCA cycle
- Gluconeogenesis
- Important three by-pass reactions of gluconeogenesis
- Entrance of amino acids and intermediates of TCA cycle and other nutrients as gluconeogenic substrates
- Significance of gluconeogenesis
- Glycogen metabolism
- Reactions of glycogenesis and glycogenolysis
- Importance of UDP-Glucose
- Regulation of glycogen synthase and glycogen phosphorylase
- Glycogen phosphorylase A and the blood glucose sensor
- Disorders of glycogen metabolism (glycogen storage diseases)
- Secondary pathways of carbohydrate metabolism
- Hexose Mono Phosphate (HMP) shunt, its reactions and importance
- Glucuronic acid pathway, its reactions and importance
- Metabolism of fructose, galactose and lactose
- Regulation of Blood Glucose level
- Hyperglycemia, hypoglycemia and their regulating factors
- Biochemistry of Diabetes Mellitus, its laboratory findings and diagnosis

12. Metabolism of Lipids:

- Mobilization and transport of fatty acids, triacylglycerol and sterols
- Oxidation of fatty acids
- Activation and transport of fatty acid in the mitochondria
- β-oxidation, fate of acetyl CoA, regulation of β-oxidation
- Other types of oxidations, i.e., αoxidation, ω-oxidation, peroxisome oxidation, oxidation of odd number carbon-containing fatty acids and unsaturated fatty acids etc.
- Ketogenesis
- Mechanism and utilization of ketone bodies and significance
- Ketosis and its mechanism
- Biosynthesis of fatty acids
- Eicosanoids, synthesis from arachidonic acid, their mechanism and biochemical functions
- Triacylglycerol synthesis and regulation
- Synthesis and degradation of phospholipids and their metabolic
- disorders
- Cholesterol synthesis, regulation, functions, fate of intermediates of
- Cholesterol synthesis, hypercholesterolemia, atherosclerosis
- Plasma lipoproteins, VLDL, LDL, HDL, and chylomicrons, their transport, functions and importance in health and disease
- Glycolipid metabolism and abnormalities

13. Metabolism of proteins:

- Amino acid oxidation, metabolic fates of amino acid, transamination, deamination decarboxylation, deamidation and transamination
- Transport of amino group, role of pyridoxal phosphate, glutamate, glutamine, alanine
- Ammonia intoxication, nitrogen excretion and urea formation,
- Urea cycle and its regulation, genetic defects of urea cycle
- Functions, pathways of amino acid degradation and genetic disorders of individual amino acids

14. Metabolism of Nucleotides:

- De novo purine synthesis
- Synthesis of pyrimidine
- Recycling of purine and pyrimidine bases (Salvage pathway)
- Degradation of purine, formation of uric acid
- Disorders of purine nucleotide metabolism

15. Bio signaling:

- G-Protein Coupled Receptor
- Second Messengers
- Tyrosine Kinase Receptor
- Role of cGMP
- Multivalent Adaptor Proteins and Membrane Rafts
- Gated Ion Channels
- Bidirectional Cell-Adhesion Receptors
- Regulation of Transcription by Nuclear Hormone Receptor
- Regulation of Cell Cycle by Protein Kinases
- Oncogenes, Tumor Suppressor Genes, Programmed Cell Death

16. Genes and Chromosomes:

- Chromosomal elements
- DNA supercoiling
- Structure of chromosomes
- Genetic Mutations

17. DNA Metabolism:

- DNA structure
- DNA replication
- DNA damage and repair mechanism
- DNA Recombination

18. RNA Metabolism:

- DNA dependent synthesis of RNA
- RNA processing
- RNA dependent synthesis of RNA & DNA
- HIV Reverse Transcriptase
- Methods for generating RNA polymers

19. Regulation and gene expression:

Principles of gene regulation

- Process of Transcription, Post-Transcriptional Modification
- Regulation of gene expression in bacteria/eukaryotes
- Genetic code
- Process of Translation, Post-Translational Modification

Metabolic disorders and their Clinical importance

1. Metabolic disorders related to Carbohydrate Metabolism

- Diabetes Mellitus& its complications
- All types of Glycosuria
- Classical Galactossemia
- Hereditary fructose intolerance
- Essential Fructosuria
- Essential Pentosuria
- G-6 PD deficiency
- Hyperosmolar Nonketotic Diabetic Coma
- Glycogen Storage Diseases
- Hypoglycemia
- Lactose intolerance

2. Metabolic disorders related to Lipid Metabolism

- Lipid Storage Diseases
- Ketosis and Ketonuria including Diabetic Ketoacidosis
- Respiratory Distress Syndrome
- Hypercholesterolemia
- All types of Hyperlipidemias including hyperlipoproteinemia
- Hypo lipoproteinemia
- Atherosclerosis, CVA, CHD
- Steatorrhea

- Chyluria
- Cholelithiasis/Obstructive Jaundice
- Congenital Adrenal Hyperplasia
- Carnitine Deficiency
- Fatty liver
- Obesity/Metabolic Syndrome
- Disorders related to oxidation of Fatty Acids (Refsum's Disease, Zellweger syndrome, Methyl Malonic Acidemia, SIDS)

3. Metabolic disorders related to Protein Metabolism

- All types of Uremia
- Hepatic Encephalopathy
- Hyperammonemia
- Arginine-succinic aciduria
- Citrullinemia
- Isovaleric academia
- Glycinuria /Hyperoxaluria
- Cystinuria / Cystinosis
- Phenylketonuria/Albinism
- Tyrosinemia
- Alkaptonuria
- Homocystinuria
- Hartnups disease
- Maple Syrup Urine Disease
- Histidinemia
- Creatinuria
- Carcinoid syndrome

4. Metabolic disorders related to Nucleotides and Nucleic Acids Metabolism

- Hyperuricemia &Hypouricemia
- Gout
- Lesch-Nyhan Syndrome
- Severe Combined Immunodeficiency Disease (SCID)
- Oroticaciduria
- Purine Nucleoside Phosphorylase Deficiency

5. Metabolic disorders related to heme metabolism

- Porphyria's
- Hyperbilirubinemia
- Jaundice

6.Disorders related to Vitamins and Minerals

- Vitamin DeficiencyDiseases
- Minerals & Trace elements Deficiency Diseases

7.Clinical Enzymology

- Principles of Diagnostic Enzymology
- Isoenzymes and their role in clinical diagnosis
- Types of various enzymes in human body
- Functional & Non-Functional Enzymes
- Enzymes used as reagents and drugs

8. Clinical Nutrition

- Factors altering nutrition requirements in different conditions
- Nutritional assessment and support in health & convalescence
- Diseases that produce nutrition problems
- Protein Energy Malnutrition (PEM)

9. Single-Gene Disorders:

Major Modes of Inheritance (Autosomal Dominant, Autosomal Recessive, X-Linked Recessive)

10. Cytogenetics:

- Numerical chromosome abnormalities:
- Euploidy, Aneuploidy
- Structural chromosome abnormalities:
- Translocations, deletions
- Other chromosomal abnormalities:
- Inversions, Ring Chromosome, Isochromosome, Uniparental Disomy
- Advances in molecular cytogenetics:
- Fluorescence in situ hybridization (FISH), Spectral Karyotyping

11. Genetics of Common Diseases

Multifactorial inheritance

12. Gene Mapping

- Different types of DNA Polymorphism
- Restriction Fragment Length Polymorphisms (RFLPs)
- Variable Number of Tandem Repeats (VNTRs)
- Short Tandem Repeat Polymorphisms (STRPs)
- Single Nucleotide Polymorphisms (SNPs)

13. Gene Mapping: Linkage Analysis

4. Genetic Diagnosis Recombinant DNA Technology

- Isolation of DNA from Blood
- Isolation of DNA from tissues
- RNA isolation from blood and tissues
- Restriction enzymes

Practical work:

(A) Basic biochemical practical

1. pH metery

- Principle of pH metery
- Components and working of pH meter
- Applications of pH metery in Biochemistry laboratory

2. Centrifugation

- Principle of Centrifugation
- Types of centrifuge machines
- Ultracentrifugation
- Uses in Biochemistry lab

3. Spectrophotometer and Photometry

- Spectrophotometry
- LFT’s
- RFT’s
- Lipid Profile
- Sugar
- Uric Acid

- Serum Bilirubin Direct / Indirect
- Serum Albumin A/G ratio

4. Elisa Based Test

- Principal of Elisa
- Thyroid Profile
- Hepatitis B & C (ICT & Elisa based)
- Cortisol
- HIV (ICT & Elisa based)

5.Urine Complete Examination

- pH, Specific gravity
- Albumin, Sugar, proteins
- Microscopy
- UPT

6**. Specimen Collection & Processing; Sources of Biological variation**:

- Sources & composition of blood specimen
- Types of blood specimen & equipment
- Venipuncture, skin puncture, arterial puncture, anticoagulants & preservatives of blood, hemolyzed sample
- Preanalytical considerations
- Capillary specimen collection
- Specimen handling & processing for testing
- Collection of urine, faces, spinal fluid, other fluids for analysis

7. Establishment and use of reference values

- Introduction to statistical terms & techniques
- Use of reference values

8. Quality assurance

Elements of quality assurance

Pharmacology:

1. **Cardiovascular system**
    a. Antihypertensive drugs
    b. Drugs for heart failure
    c. Antianginal drugs
    d. Anticoagulants
2. **Respiratory system**
    a. Anti-asthmatic drugs
    b. Antihistamines
3. **Central nervous system**

a. General anesthetics
b. Local anesthetics
c. Antipsychotics
d. Antidepressants

4. **Drugs acting on uterus**
    a. Tocolytic drugs
    b. Drugs for labor and delivery
5. **Endocrinology**
    a. Antidiabetic drugs
    b. Estrogens and androgens
6. **Chemotherapeutic drugs**
    a. Antibiotics of general use

GENERAL PATHOLOGY:

Cell as a unit of Disease

- The genome.
- Cellular metabolism & cellular activation.
- Signal transduction pathways, growth factors and receptors.
- Cell cycle and stem cell.

Cell injury and adaptation

- Reversible and Irreversible Injury

- Fatty change, Pigmentation, Pathological classification
- Necrosis and Gangrene

Cellular adaptation

- Atrophy, Hypertrophy,
- Hyperplasia, Metaplasia, Aplasia

Inflammation

- Acute inflammation, Vascular changes, Chemotaxis, Opsonization and Phagocytosis
- Enlist the cellular components and chemical mediators of acute inflammation
- Differentiate between exudates and transudate
- Chronic inflammation
- Etiological factors, Granuloma

Cell repair and wound healing

- Regeneration and Repair
- Healing---steps of wound healing by first and second intention
- Factors affecting healing
- Complications of wound healing

Hemodynamic disorders

- Define and classify the terms Edema, Hemorrhage, Thrombosis, Embolism, Infarction & Hyperemia
- Define and classify Shock with causes of each.
- Describe the compensatory mechanisms involved in shock
- Describe the pathogenesis and possible consequences of thrombosis
- Describe the difference between arterial and venous emboli

Neoplasia

- Dysplasia and Neoplasia
- Differences between benign and malignant neoplasm
- Enlist the common etiological factors of Neoplasia
- Define and discuss the different modes of metastasis
- TNM staging system and tumor grade

Immunity and Hypersensitivity

- Humoral and cell mediated immunity and types of Hypersensitivity with examples.

General Microbiology

- General Microbiology

- Introduction to microbiology
- Role of microbes in various human diseases
- Sources of infection
- Classification of microorganisms.
- Morphology and identification of bacteria.
- Bacterial metabolism and growth.
- Sterilization and disinfection, definition, use of physical and chemical disinfectants and their practicalutility in clinical practice.
- Infection and immunity pathogenicity, pathology of infection, Resistance and natural immunity, antigens and antibodies

B: Ophthalmology

ANATOMY

At the end of the 6 months , the candidate should be able to discuss gross anatomy of the orbit and its application pertaining to diseases and surgical procedures. Following topics are relevant to teach inAnatomy:

Applied Embryology of Eye

1. Orbit bones
2. Soft parts
3. Eye and Adnexa
4. Extra ocular Muscles
5. Eye ball with its coats
6. Cranial Nerves, 2nd, 3rd, 4th, 5th, 6th, 7th,
7. Autonomic supply of the orbit and its contents
8. Blood supply of the orbit and its contents
9. Lacrimal system
10. Visual pathway and visual cortex

PHYSIOLOGY

The candidate should be able to understand functions of the eye ball and adnexa and structures as applied to or affected by a disease process.

1. Transparency of Cornea
2. Aqueous humour dynamics
3. Pupil, its functions and controls
4. Accommodation
5. Functions of retinal pigment epithelial cells – retina and its physiology
6. Rods and cones, formation of nerve signal and vitamin A metabolism, light and dark adaptation
7. Lens transparency
8. Functions of extra ocular muscles (ocular motility)
9. Binocular vision

PATHOLOGY

1. **Special Pathology**

Ocular Tumors

OCULAR PHARMACOLOGY

The student should be able to choose appropriate drug for a givensituation and select the proper route for the best possible delivery

Introduction to ophthalmic pharmacology
Diagnostic
Therapeutic
Cycloplegics & mydriatics (mechanism of action, pharmacodynamics, pharmacokinetics)
Uses of cycloplegics & mydriatics, Adverse effects. Antibiotics (Types, Uses, Adverse reactions and Side Effects)Antiviral drugs
Anti-fungal drugs Anti-glaucoma drugs
Adverse Reactions of other Ophthalmic DrugsAnti-histamines
Topical anesthetics
Steroids
Anti-inflammatory drugs
Non-steroidal anti-inflammatorydrugs
Lubricants

Diagnostic Stains: Fluorescein, Rose Bengal

Physical Optics

Light
Lasers
Reflection
Laws
Plain surface
Lenses and their formationbest
Curved Surface
Total internal reflection
Principals of refraction

Prisms

Clinical Optics

- IOLs
- Optics
- Calculation
- Principles of Refraction
- Retinoscopy
- Objective
- Subjective
- Cross cylinder
- Duochrome test
- Transposition of lenses
- Low vision aids
- Optics and ray diagrams of Instruments

Part II:

Part II DOMS

1.Lids

Entropion/Ectropion
Blephritis
Tumours

- Benign
- Malignant

Ptosis

2.lacrimal drainage system and dry eye

Congenital obstruction
Acquired obstruction
Dacryosystitis

3.orbit

Introduction
Thyroids eye disease

Non infective inflammatory Disease

Non –neoplastic vascular abnormalities
Cystic lesions
Vascular tumors
Lacrimal gland tumors
Neural Tumors
Lymphoma
Rhabdomyosarcoma

4. Dry eye

Introduction
Slogen syndrome
Clinical Feature
Investigation
Treatment

5. Conjunctiva

Introduction
Bacterial
Conjunctivitis
Viral
Conjunctivitis
Allergic
conjunctivitis
conjunctivitis in
blistering
mucocuneous
disease
Degeneration

6. Cornea
Introduction
Bacterial keratitis
Fungal keratitis
Herpes simplex
keratitis
Herpes zoster
ophthalmiticus
Protozoan
keratitis
Peripheral corneal
ulceration
Neurotrophic
keratopathy
Exposure
keratopathy
Corneal ectasia
Corneal dystrophy
Corneal
degeneration
Metabolic keratopathy
Contact lenses
Congenital
Anomalies of the
Cornea and globe
7. Corneal and Refractive Surgery
Keratoplasty
Refractive
procedures
8. Episclera and Sclera

Episcleritis
scleritis
Mescolleneous
conditions
9.Lens

Congenital
cataract

Acquired cataract
Mansgement of
age-related
cataract
Ectopia lentis.

10. Glaucoma

Primary open-angle glaucoma
Normal-tension glaucoma
Primary angle-closure Glaucoma
Cassification of secondary glaucoma
Pseudoexfoliation
Pigment dispersion syndrome and
pigmentary Glaucoma
Neovascular glaucoma
Inflammatory glaucoma
Steroid-induced glaucoma
Lens-related glaucoma
Traumatic glaucoma:
Primary congenital glaucoma
Medical treatment of glaucoma
Laser treatment of glaucoma
Trabeculectomy -
11.Uveitis

classification of
uveitis
clinical features
investigations
treatment
tuberculosis
sarcoidosis
immune mediated
uveitis
fuchs uveitis
lens induced
uveitis

vogtkoyanagi
harada syndrome
viral uveitis
fungal uveitis
bacterial uveitis

12. Retinal
Vascular Disease

Diabetic
retinopathy

retinal venous
occlusive disease

retinal arteria
occlusive disease

ocular ischemic
syndrome

hypertensive
ischemic disease

retinopathy of
prematurity

Eales disease

valsalva
retinopathy

13. Acquired
Macular
Disorders

Age related
macular
degeneration

central serous
retinopathy

cystoid macular
edema

evaluation of
macular disease

Degenrative
myopia

solar retinopathy

angoid streaks

choroidal folds

14. Hereditary Fundus Dystrophies

macular dystrophies

albinism

15. Retinal Detachment

retinal detachment

posterior vitreous detachment

vitreomacular traction syndrome

retinal breaks

16.Strabusimus

clinical evaluation

esotropia

exotropia

monocular elevation deficit

Brown syndrome

squint surgery

complications of squint surgry

17. Neuro Ophthalmology

neuroimaging

optic neuritis

papilledoma

oculomotor nerves

chiasmal lesions

neurofibromatosis

facial spasm

migraine

myasthenia gravis

18. Ocular Tumors

retinoblastoma

choroidal melanoma

19. Ophthalmic Side Effects of Systemic Medication

20. Trauma

orbital floor fracture

chemical injury to eye

penetrating ocular trauma

blunt trauma

Instructional Strategies:

As a policy, active participation of students at all levels will be encouraged.

Following teaching modalities will be employed:

1. Lectures
2. Seminar Presentation and Journal Club Presentations
3. Group Discussions
4. Grand Rounds
5. Conferences and seminars
6. Assignments
7. Self-study, and use of internet

Section D:

Assessment Plan:

Program duration	Course contents	Assessment method
At the end of 6 months of program	Basic medical sciences: • Anatomy including histology • Physiology • Biochemistry • Pathology • Pharmacology • Specialty specific =25% } 75%	**Part I** to be taken by university. It will include: Written (MCQ)=100(1 each) **Total Marks =100**
At the end of 2nd year	Specialized training in the relevant Department	**Part II Examination** to be conducted by university. It will include: **A) Paper A**

		MCQ=50(1 each)=50 SEQ=10 (5 each)=50 **Total Marks=100** **Paper B** MCQ=50(1 each)=50 SEQ=10 (5 each)=50 **Total Marks=100** **<u>C) Log Book=20 Marks</u>** **<u>D) Clinical Paper=180</u>** OSCE/OSPE =90 marks Clinical=90 marks (long case= 30 marks Short cases=4 caring 15 marks each total 90) **Total Marks=400**

Part I Examinations:

Part I would be conducted for the candidate at the end of 6 months of the program.

Components of Part I Examination

MCQ =100 (each 1 mark)

Total = 100

Eligibility Criteria:

To appear in the Part II Examination the candidate shall be required: .

1. At least 75% Attendance in all the basic medical sciences subjects as per the curriculum provided.
2. Evidence of payment of examination fee as prescribed by the university from time to time.
3. The examination fee once deposited cannot be refunded / carried over to the next examination under any circumstances.
4. Candidate remained on institution roll during the period required for appearing in examination.

Declaration of Results

- The candidates scoring 60% marks in the written examination will be considered pass and will then be eligible to appear in the Part II examination.
- A maximum of total SIX (6) consecutive attempts, availed or un availed, will be allowed in Diploma Part I examination. If the candidate fails to pass this examination within the above mentioned limit of SIX (6) attempts, he/she shall be removed from the program and the seat will fall vacant.

Part II Examination

(at the end of 2nd Calendar year of the program)

Components of Part II Examination

A) Paper A

MCQ=50(1 each)=50

SEQ=10 (5 each)=50

Total Marks=100

Paper B

MCQ=50(1 each)=50

SEQ=10 (5 each)=50

Total Marks=100

C) Log Book=20 Marks

D) Clinical Paper=180

OSCE/OSPE =90 marks

Clinical=90 marks

(long case= 30 marks

Short cases=4 caring 15 marks each total 90)

Total Marks=400

Eligibility Criteria:

To appear in the Part II Examination the candidate shall be required:

1. Result card showing that the candidate has passed Part I Examination.
2. Certificate of completion of 2 Years training as per the curriculum approved by the university.
3. Evidence of payment of examination fee as prescribed by the university from time to time.

4. The examination fee once deposited cannot be refunded / carried over to the next examination under any circumstances.

Declaration of Results

a. The candidates scoring 60% marks in aggregate of Paper A and Paper B of the written examination will be declared pass and will become eligible to appear in the Clinical Examination.

Clinical, TOACS/OSCE:

a) The Clinical Examination will consist of 04 short cases, 01 long case and TOACs/OSCE with 01 station for a pair of Internal and External Examiner.

b) The Total Marks of Clinical and TOACs/OSCE & Oral will be 270 and to be divided as follows:

- 4 Short Cases (15 each) Total Marks = 60
- 1 Long Case Total Marks = 30
- TOACS/OSCE & ORAL Total Marks = 90

Total= 180

Log Book=20 marks

Declaration of Results

- A student scoring 60% in long case, 60% in short cases ad 60% in TOACS/OSCE will be considered pass in the examination.
-

Section E

Award of Diploma In

A candidate having declared successful in all the components of examination i.e. ***Theory and Clinical*** shall be declared pass and shall be conferred Diploma In

Section F:

Log Book

LOG BOOK

The trainees must maintain a log book and get it signed regularly by the supervisor. A complete and duly certified log book should be part of the requirement to sit for the DOMS examination. Log book should include adequate number of diagnostic and therapeutic procedures, routine and emergency management of patients, case presentations in CPCs, journalclub meetings and literature review.

Proposed Format of Log Book is as follows:

Candidate's Name: _ Roll No. _

PROCEDURES:

1. Cataract Surgery
2. Glaucoma Surgery
3. Common Lid Surgery Ectropion
   Entropion Trichiasis
4. Common Conj. Surgery
   Pterygium
5. Squint surgery
6. Subtenon and intravitreal injections
7. Tarsorraphy
8. Eviseration / Enucleation
9. Cyclo-cryopexy
10. Diode Laser cycloablation
11. Corneo-scleral repair

Procedures Performed

Sr.#	Date	Name of Patient, Age, Sex & Admission No.	Diagnosis	Procedure Performed	Supervisor's Signature
1					
2					

Emergencies Handled

Sr. #	Date	Name of Patient, Age,Sex & Admission No.	Diagnosis	Procedure /Management	Supervisor's SignaturE
1					
2					

Case Presented

Sr.#	Date	Name of Patient, Age, Sex & Admission No.	Case Presented	Supervisor's Signature
1				
2				

Seminar/Journal Club Presentation

Sr.#	Date	Topic	Supervisor's signature
1			
2			

Evaluation Record

(Excellent, Good, Adequate, Inadequate, Poor)

Sr.#	Date	Method of Evaluation (Oral, Practical, Theory)	Rating	Supervisor's Signature
1				
2				

Section G

Paper Scheme

Part I

written

- General Pathology (8 MCQs)
- General anatomy & Histology (20 MCQs)
- Basic Biochemistry (20 MCQs)
- General pharmacology (7 MCQs)
- General physiology (20 MCQs)
- Subject specific (25 MCQs)

MCQ Paper 100OneBestType
Total Marks 100Marks

Part II Examination

written

Sr No.	Paper	Number Of MCQ	Number Of SEQ	Total Marks
1	**Paper A**	**50 MCQ (1 each)**	**10 (5 each)**	**100**
2	**Paper II**	**50 SEQ (1 each)**	**10 (5 each)**	**100**

TOACS Station distribution:

Section H

Resources and references (books and other resource material)

Resources and references (books and other resource material)

Anatomy

1. Snell R. S., Lemp M. A. ***Clinical Anatomy of Eye.***
2. Wolf's Anatomy of the Eye
3. Newell F. W. ***Ophthalmology Principles and Concepts.***

Optics and Refraction

1. Elkington A. R., Frank H. J., Greaney M. J. ***Clinical Optics.***
2. Duke-Elder. **Practice of Refraction.**

Physiology

1. Guyton. ***Textbook of Medical Physiology.***
2. Newell F. ***Ophthalmology Principles and Concepts.***
3. ***Adler's Physiology of the Eye.*** (For reference)

Pathology

1. Apple D. J., Rabb M. F.***Ocular Pathology.***
2. Gree. ***Ocular Pathology.***

Kanski J. J. ***Clinical Ophthalmology.***

Will's eye manual

Ophthalmic Surgery

Newill F. W. ***Ophthalmology Principles and Concepts***

Ophthalmic Surgery

Willshaw H. ***Practical Ophthalmic Surgery.***

Bailey and Love. ***Short Practice of Surgery.***

Rana M. H., Ali S. Mustafa M. ***A Handbook of Behavioural Sciences for Medical and Dental Students***. Lahore: University of Health Science; 2007.

Fathalla M. F. and Fathalla M. M. F. ***A Practical Guide for Health Researcher.*** Cairo: World Health Organization; 2004.

Journals

1. Archives of Ophthalmology (AMA USA)
2. British Journal Of Ophthalmology (UK)
3. Journal Of Oculoplastics and Reconstructive Surgery (USA)
4. Retina (USA)
5. Eye - RC Ophth (UK)

Section I

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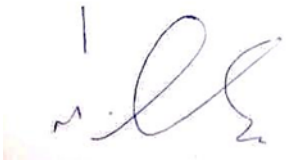

Signed by head of Department